



In Adamson, the children have been learning about Growth Mindset. They have considered how their brains are like muscles and how they need to exercise them to help them grow. The children know that it is OK to make a mistake and that it is all part of learning. They discussed how making a mistake can make you feel negative and considered helpful ways to stay positive. The children have learnt about the power of YET! They have designed their own Growth Mindset monsters and thought about something they are not good at YET and how they could improve.