



# TRAIN IT THURSDAY: HARRY POTTER - QUIDDITCH

You will need a broomstick, i.e., a broom, a hockey stick, a wrapping paper tube or just a really good imagination. You will need 10 Quaffles, you can use the 10 pairs of socks/balls of paper you used for the BFG challenge for this. The last thing you need is a goal of some kind, i.e., a hoop, a bin, a pillow etc.

Place your Quaffles 5-10m from your target. If you do not have that space, use a circle to run around instead.

Start at your goal, 'fly' to your Quaffles, pick one up and shoot for your goal, 'fly' back to your goal, touch it and go again.

You get a point for every Quaffle that hits the goal. Repeat until you have just one Quaffle left; that last Quaffle is the Golden Snitch, instead of shooting with your favourite hand, use the other one and if it goes in you get 5 points.

**Have a few goes and record your best score (the maximum is 14)?**

**#HSGDAILYCHALLENGE**