

★DESIGN A PHYSICAL ACTIVITY FOR ★#HSGDAILYCHALLENGE

Requirements:

- There should be no more than 3 rules
- Think about using equipment you have access to at home, be creative!
- Give your activity a name.
- Be specific and simple instructions.
- Use the template below to help you.

Design an activity
that can be played
safely at school or
at home for all
children and their
families.

Name of the game

Aim of the game

Rules

How to play the game

Equipment required

Space required



Send your completed games to your PE teacher or local SGO before 19th March and you could have your activity chosen as one of the daily challenges we are sending to primary schools across Hampshire during Lockdown 3.0!

